

**Shabbat Sukkot**  
**22 Tishrei 5781 \* Friday, October 9, 2020**

**Kavvanah for Shabbat Shemini Atzeret Season of Returning**

**Psalm 27**

Let me dwell with you  
Dwell with you, dwell with you all my days

*Shivti b'veit Havaya l'orekh yamim*

**Psalm 92- Tov Lehodot**

מְזַמֵּר שִׁיר לְיוֹם הַשַּׁבָּת: טוֹב לְהַדוֹת לַה' וּלְזַמֵּר לְשִׁמְךָ עָלֵינוּ: לְהַגִּיד בְּבֹקֶר חַסְדְּךָ וְאֱמוּנָתְךָ  
בַּלַּיְלוֹת:

*Tov lehodot LAdonai, ul'zamer l'shimkha elyon  
Lehagid baboker hasdekha v'emunat'kha baleilot*

*It is good to sing your praises, to lift up your name, morning and night, You show up for us.*

**Psalm 93- Mikolot Mayim**

מִקְלוֹת מַיִם רַבִּים אֲדִירִים מִשְׁבְּרֵי יָם. אֲדִיר בְּמָרוֹם ה':  
עֲדָתְךָ נִאֲמָנוּ מְאֹד לְבֵיתְךָ נִאֲוָה קֹדֶשׁ. ה' לְאֶרֶץ יָמִים:

*Mikolot mayim rabim  
Adir bamarom Yah*

*Above the crash of the sea is Adonai, supreme.  
You bear witness. Your house is holiness, transcending time.*

## We ask for healing.

### Misheberach

“When the world is sick, can't no one be well  
But I dreamt we were all beautiful and whole.”

*Misheberach avoteinu Avraham, Yitzchak v'Ya'akov*

*Misheberach imoteinu Sara, Rivka, Rachel v'Leah,*

*Hu y'varekh v'yirapeh et kol ha holim,*

*Hu y'varekh v'yirapeh et hakol.*

May the One who blessed our ancestors, Abraham, Isaac and Jacob,

May the One who blessed our ancestors,

Sara, Rebecca, Rachel and Leah,

Bless and heal all who are sick,

Bring blessing and healing to all.

(The English lyrics and melody come from from "God Bless Our Dead Marines" by Thee Silver Mount Zion Memorial Orchestra & Tra-La-La Band)

*MI SHEBEIRACH avoteinu*      **מִי שְׂפִירָה אֲבוֹתֵינוּ**

*M'kor hab'racha l'imoteinu.*      **מְקוֹר הַבְּרָכָה לְאִמּוֹתֵינוּ.**

May the Source of strength who blessed the ones before us  
help us find the courage to make our lives a blessing and let  
us say, Amen.

*MI SHEBEIRACH imoteinu*      **מִי שְׂפִירָה אִמּוֹתֵינוּ**

*M'kor hab'racha laavoteinu.*      **מְקוֹר הַבְּרָכָה לְאֲבוֹתֵינוּ.**

Bless those in need of healing with *r'fuah sh'leimah*,  
the renewal of body, the renewal of spirit, and let us say,  
Amen.

## Hashkiveinu – Give Us Rest

הַשְּׁכִיבֵנוּ ה' אֱ-לֹהֵינוּ לְשָׁלוֹם,  
וְהַעֲמִידֵנוּ מִלְּפָנֶיךָ לְחַיִּים,  
וּפְרוֹשׁ עָלֵינוּ סִכַּת שְׁלוֹמְךָ,  
וּתְקַנְנֵנוּ בְּעֵצָה טוֹבָה מִלְּפָנֶיךָ...

בְּרוּךְ אַתָּה ה', הַפּוֹרֵשׁ סִכַּת שְׁלוֹם עָלֵינוּ וְעַל כָּל עַמּוֹ יִשְׂרָאֵל וְעַל יְרוּשָׁלָּיִם.

*Hashkivenu Adonai Eloheinu l'shalom v'havi'enu malkeinu l'hayyim*

*Ufros aleinu sukkat shlomeikha V'takneinu b'eitzah tovah milfaneikha*

*Barukh ata Adonai, ha-poress sukkat shalom aleinu v'al kol amo Yisrael v'al Yerushalayim*

Lay us down, Adonai our God, in peace and raise us up, our Sovereign, to life

Spread over us your Sukkah of peace and guide us with good advice

We bless Adonai, who spreads the Sukkah of peace over us  
and over all God's People Israel and over Jerusalem.

## Psalms 27:8

לָךְ אָמַר לִבִּי בִקְשׁוּ פָנַי אֶת-פְּנֶיךָ יְהוָה אֲבִיקֶשׁ:

*Lach amar libi bakshu panay  
Et panayich HaVaYaH avakesh*

To You my heart has said: I turn to seek you,  
Your Face / Presence is what I'm searching for.

## Kaddish

Yitgadal v'yitkadash sh'mei raba b'alma di-v'ra  
chirutei, v'yamlich malchutei b'chayeichon  
uvyomeichon uvchayei d'chol beit yisrael,  
ba'agala uvizman kariv, v'im'ru: "amen."  
Y'hei sh'mei raba m'varach l'alam ul'almei almaya.  
Yitbarach v'yishtabach, v'yitpa'ar v'yitromam  
v'yitnaseh, v'yithadar v'yit'aleh v'yit'halal sh'mei  
d'kud'sha, b'rich hu,  
l'eila min-kol-birchata v'shirata, tushb'chata  
v'nechemata da'amiran b'alma, v'im'ru: "amen."  
Y'hei shlama raba min-sh'maya v'chayim aleinu  
v'al-kol-yisrael, v'im'ru: "amen."  
Oseh shalom bimromav, hu ya'aseh shalom aleinu  
v'al kol-yisrael, v'imru: "amen."

## Bringing down peace

עֲשֵׂה שְׁלוֹם בְּמְרוֹמָיו הוּא יַעֲשֵׂה שְׁלוֹם עָלֵינוּ  
וְעַל כָּל יִשְׂרָאֵל  
וְעַל כָּל יוֹשְׁבֵי תְּבֵל  
וְאָמְרוּ אָמֵן

Oseh shalom bimromav  
hu ya'aseh shalom aleinu  
v'al kol Yisrael, v'al kol yoshvei tevel,  
v'imru Amen

*May the one who makes peace in the heavens bring peace down  
to all Israel and to all who dwell on earth.*